

VAN	CAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
116	89							
7:00	8:00	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Asian Pulse (Hindi)	Sohni Dharti Pakistan (Urdu)
7:30	8:30	Today's Life (Mandarin)	China Wind (Mandarin)	Travel HotSpots	Vancouver Nights (Farsi)	Weekly News Forum (Mandarin)	Wiadososci (Polish)	Yoga Moves for Every Body (English)
8:00	9:00	Million Singer (Mandarin)	World News (Mandarin)	World News (Mandarin)	World News (Mandarin)	World News (Mandarin)	Punjabi Lokrang (Punjabi)	Ergeng TV (Mandarin)
8:30	9:30						Yoga Moves for Every Body (English)	Parvaz (Farsi)
9:00	10:00	Philippine News Canada (Tagalog)	Spazio Libero (Italian)	Parvaz (Farsi)	La Revista del Inmigrante (Spanish)	Witty Kids (Mandarin)	Babukishan's Spotlight (English)	Goftogo (Farsi)
9:30	10:30	EverIAthing (English)	Yoga Moves for Every Body (English)	Iranian Music (Farsi)	What's New in Vancouver (Hindi)	Weekly News Forum (Mandarin)	Close Look (English)	Persian Canada (Farsi)
10:00	11:00	Canada Latino (Spanish)	Fit und Gesund (German)	Yaadein (Hindi)	Zindagi (English)	Euromaxx (German)	NTDTV Weekly News (Mandarin)	Happy Time (Mandarin)
10:30	11:30	Simply the Best (Tagalog)	Jai Fiji (Fiji-Hindi)	Chitra (Tamil)	Kamal's Top 5 Hits (Hindi)	Goftogo (Farsi)	Hungarian Kronika (Hungarian)	
11:00	12:00	Pinoy Samo't Sari (Tagalog)	Journey of Healing (English)	Vanna Malargal (Tamil)	Yoga Moves for Every Body (English)	Dil Apna Pakistan (Urdu)	Jai Fiji (Fiji-Hindi)	Canada Latino (Spanish)
11:30	12:30	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Team Punjabi (Punjabi)	Journey of Healing (English)
12:00	13:00	PTS News (Taiwanese)	PTS News (Taiwanese)	PTS News (Taiwanese)	PTS News (Taiwanese)	PTS News (Taiwanese)	Hello! Thailand TV (Thai*)	Euromaxx (German)
12:30	13:30	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Yoga Moves for Every Body (English)	Zindagi (English)
13:00	14:00	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)	La Revista del Inmigrante (Spanish)	Yaadein (Hindi)
13:30	14:30	Astrologer Satinder Show (Punjabi)	China Wind (Mandarin)	Persian Canada (Farsi)	Punjabi Lokrang (Punjabi)	Witty Kids (Mandarin)	Asian Pulse (Hindi)	Sohni Dharti Pakistan (Urdu)
14:00	15:00	MagTV – Hungarian Magazine (Hungarian)	Fit und Gesund (German)	Pinoy TV (Tagalog)	Kabaddi Star (Punjabi)	Vipen Kapoor Comedy Show (Punjabi)	Punjabi Lokrang (Punjabi)	Chitra (Tamil)
14:30	15:30	Today's Life (Mandarin)	Euromaxx (German)	"	Hungarian Kronika (Hungarian)	WeiChat (Mandarin)	RTV (Russian)	RTV (Russian)
15:00	16:00	Canadian Connection (Malayalam)	Fit und Gesund (German)	Hello! Thailand TV (Thai*)	Close Look (English)	Million Singer (Mandarin)	Canadian Connection (Malayalam)	MagTV – Hungarian Magazine (Hungarian)
15:30	16:30	Hello! Thailand TV (Thai*)	Euromaxx (German)	Hello! Thailand Music (Thai/English)	Desi Close Look (Punjabi)	"	Aria TV (Farsi)	Dil Apna Pakistan (Urdu)
16:00	17:00	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)	Travel HotSpots	Babukishan's Spotlight (English)
16:30	17:30	Pinoy Buzz (English, Tagalog)	Iranian Music (Farsi)	NTD News Vanc. (Mandarin)	Jai Fiji (Fiji-Hindi)	Witty Kids (Mandarin)	Swiat Muz. Polsk. (Polish)	Astrologer Satinder Show (Punjabi)
17:00	18:00	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	Phoenix, the Gourmet (Mandarin)	"	Wei Chat (Mandarin)
17:30	18:30	World News (Mandarin)	World News (Mandarin)	World News (Mandarin)	World News (Mandarin)	World News (Mandarin)	Wiadososci (Polish)	Zindagi (English)
18:00	19:00						Pinoy Buzz (English, Tagalog)	
18:30	19:30	AM1320 CHMB News (Cantonese)	AM1320 CHMB News (Cantonese)	AM1320 CHMB News (Cantonese)	AM1320 CHMB News (Cantonese)	AM1320 CHMB News (Cantonese)	Pinoy Samo't Sari (Tagalog)	Shaw Feature Presentation (Various)
19:00	20:00	PTS News (Taiwanese)	PTS News (Taiwanese)	PTS News (Taiwanese)	PTS News (Taiwanese)	PTS News (Taiwanese)	Million Singer (Mandarin)	
19:30	20:30	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)	Ode To Joy (Mandarin)		
20:00	21:00	Philippine News Canada (Tagalog)	Spazio Libero (Italian)	Vancouver Nights (Farsi)	What's New in Vancouver (Hindi)	Weekly News Forum (Mandarin)	Happy Time (Mandarin)	
20:30	21:30	EverIAthing (English)	Yoga Moves for Every Body (English)	Aria TV (Farsi)	Kamal's Top 5 Hits (Hindi)	WeiChat (Mandarin)		
21:00	22:00	Simply the Best (Tagalog)	Fit und Gesund (German)	Pinoy TV (Tagalog)	Desi Close Look (Punjabi)	Vipen Kapoor Comedy Show (Punjabi)	Kabaddi Star (Punjabi)	Ergeng TV (Mandarin)
21:30	22:30	Face the People (Tagalog)	Euromaxx (German)	Pinoy TV (Tagalog)	Team Punjabi (Punjabi)	Travel HotSpots	OUR CANADA (English)	Astrologer Satinder Show (Punjabi)
22:00	23:00		Fit und Gesund (German)	Hello! Thailand Music (Thai)	Kabaddi Star (Punjabi)	Hello! Thailand Music (Thai/English)	Vanna Malargal (Tamil)	Travel HotSpots
22:30	23:30	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Aksyon Sa Tanghalii (Tagalog)	Loko Moko (Tagalog)	Yoga Moves for Every Body (English)
23:00	0:00	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)	Aksyon Prime (Tagalog)		Team Punjabi (Punjabi)
23:30	0:30	AM1320 CHMB News Central (Cantonese)	AM1320 CHMB News Central (Cantonese)	AM1320 CHMB News Central (Cantonese)	AM1320 CHMB News Central (Cantonese)	AM1320 CHMB News Central (Cantonese)		Face the People (Tagalog)
0:00	1:00						Shaw Feature Presentation (Various)	OUR CANADA (English)

CANTONESE	ENGLISH	FARSI	FIJI-HINDI	GERMAN	HINDI
POLISH	PUNJABI	RUSSIAN	SLOVAK	SORANI	SPANISH
HUNGARIAN	ITALIAN	KOREAN	KURMANCI	MANDARIN	ENGLISH / VARIOUS
TAGALOG	TAIWANESE	TAMIL	THAI	URDU	MALAYALAM

* English subtitled